



राष्ट्रीय प्रौद्योगिकी संस्थान, अरुणाचलप्रदेश
NATIONAL INSTITUTE OF TECHNOLOGY ARUNACHAL PRADESH
(Institute of National Importance under Ministry of Education, Govt. of India)
JOTE, ARUNACHAL PRADESH -791113, INDIA
E-Mail: nitarunachal@nitap.ac.in/registrarcell@nitap.ac.in
Website: www.nitap.ac.in, Ph. No: 9435034245

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Date: 17/06/2022

OFFICE MEMORANDUM

Sub: 8th International Day of Yoga (IDY-2022) scheduled to be observed on 21st June, 2022 in NIT Arunachal Pradesh

This is for information of all concerned that 8th International Day of Yoga (IDY-2022) scheduled to be observed on 21st June, 2022 in NIT Arunachal Pradesh in **Central Workshop** as per the Minute to Minute programme given below:

Time	Programme
5.30 AM to 6.00 AM	Assembly
6.00 AM to 6.40 AM	Welcome, Messages by Hon'ble Union Minister and Other Dignitaries
6.40 AM to 7.00 AM	Address by Hon'ble Prime Minister
7.00 AM to 7.45 AM	Common Yoga Protocol
7.46 AM	National Anthem
7.46 AM to 8.00 AM	Yoga Session for Teaching/No Teaching Staff/Students
8.00 AM to 9.00 AM	Yoga by Yog Guru
9.00 AM to 9.15 AM	Refreshment
9.15 AM to 10.25 AM	Hybrid mode seminar on Yoga
10.25 AM to 10.30 AM	Vote of Thanks

All Students, Faculty members, Staff with their families residing in NIT Arunachal Pradesh Campus are requested to take part in all activities & programme of IDY as stated above.

Students, Faculty members and Staff who will be outside the Campus on that day are also requested to participate actively in all programmes through online, the link for which shall be circulated in due course.

It is to be noted that normal functioning of Office/Academic Departments shall resume after completion of the programme.

This is issued with the approval of the Competent Authority.


REGISTRAR

Copy to:

1. All faculty members/Staff of NIT Arunachal Pradesh.
2. Deans/HoDs/HoS/ Hostel Warden of NIT Arunachal Pradesh.
3. Dean, Student's Welfare with a request to circulate the OM among the students of the Institute.
4. Web master with request to upload the same in the Institute website
5. PA to Director for information please
6. Office Copy

कुलसचिव/Registrar
राष्ट्रीय प्रौद्योगिकी संस्थान, अरुणाचल प्रदेश
National Institute of Technology
Arunachal Pradesh, Jote